



# February 2012




Jacksonville Lighthouse

BRKFST



Preferred Meal Systems, Inc.

preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>APPLE MUFFIN</b> Orange Juice	<b>MINI WHEATS LITTLE BITES</b> Plain Donut Grape Juice	<b>FROSTED FLAKES (LOW SUGAR) Whole Grain</b> Cinnamon Raisin Bagel Apple-Cranberry Juice
<b>CORN POPS</b> Cinnamon Breakfast Square Orange Pineapple Juice	<b>APPLE JACKS REDUCED SUGAR</b> Banana Muffin Blended Fruit Juice	<b>BLUEBERRY MUFFIN</b> Orange Juice	<b>CRISPIX</b> Strawberry Waffle Crackers Apple Cranberry Juice	<b>RAISIN BRAN (WHOLE GRAIN)</b> Glazed Donut Grape Juice
<b>FROSTED FLAKES (LOW SUGAR) Whole Grain</b> Apple Granola Square Blended Fruit Juice	<b>RICE KRISPIES</b> Brown Sugar Pop Tart Apple-Cranberry Juice	<b>APPLE MUFFIN</b> Grape Juice	<b>CORN FLAKES</b> Plain Donut Orange Pineapple Juice	<b>CORN POPS</b> Cinnamon Raisin Bagel Apple Juice
 <b>President's Day</b>	<b>MINI WHEATS LITTLE BITES</b> Apple Granola Square Grape Juice	<b>BANANA MUFFIN</b> Apple Juice	<b>FROOT LOOPS (LOW SUGAR)</b> Graham Crackers Blended Fruit Juice	<b>CRISPIX</b> Rockin' Raisin Muffin Apple-Cranberry Juice
<b>COCOA KRISPIES</b> Cinnamon Breakfast Square Blended Fruit Juice	<b>APPLE JACKS REDUCED SUGAR</b> Cinnamon Superstix Orange Juice	<b>CORN POPS</b> Blueberry Muffin Grape Juice		

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

\*\*\*MENU SUBJECT TO CHANGE.



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