



APRIL 2016



Breakfast

Jacksonville Lighthouse Cs

Monday	Tuesday	Wednesday	Thursday	Friday
March 28, 2016	March 29, 2016	March 30, 2016	March 31, 2016	April 1, 2016
				MINI WHEATS LITTLE BITES Animal Grahams Applesauce Cup Blended Fruit Juice Choice of Milk
April 4, 2016	April 5, 2016	April 6, 2016	April 7, 2016	April 8, 2016
RICE KRISPIES Graham Crackers Craisins Apple Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT Mixed Fruit Cup Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Animal Grahams Fresh Apple Choice of Milk	WHOLE GRAIN PANCAKES Fresh Banana Grape Juice Syrup Choice of Milk	VANILLA YOGURT Blueberry Muffin Fresh Apple Assorted Jelly Choice of Milk
April 11, 2016	April 12, 2016	April 13, 2016	April 14, 2016	April 15, 2016
FROOT LOOPS REDUCED SUGAR Spiced Grahams Grape Juice Craisins Choice of Milk	STRAWBERRY PANCAKES Diced Peaches Orange Juice Choice of Milk	STRING CHEESE Banana Muffin Fresh Apple Assorted Jelly Choice of Milk	CHICKEN BISCUIT Fresh Orange Blended Fruit Juice Honey Choice of Milk	CHEERIOS Cinnamon Sky Minis Fresh Apple Choice of Milk
April 18, 2016	April 19, 2016	April 20, 2016	April 21, 2016	April 22, 2016
CINNAMON TOAST CRUNCH Animal Grahams Blended Fruit Juice Craisins Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN Diced Pears Grape Juice Choice of Milk	RICE CHEX Spiced Grahams Fresh Apple Choice of Milk	WAFFLES Fresh Banana Orange Juice Syrup Choice of Milk	STRAWBERRY YOGURT Blueberry Muffin Fresh Apple Assorted Jelly Choice of Milk
April 25, 2016	April 26, 2016	April 27, 2016	April 28, 2016	April 29, 2016
CHEERIOS Cinnamon Sky Minis Craisins Grape Juice Choice of Milk	BREAKFAST TOASTED CHEESE ON WHOLE WHEAT BREAD Diced Peaches Orange Juice Choice of Milk	NO SCHOOL	BREAKFAST BURRITO Fresh Orange Blended Fruit Juice Taco Sauce Choice of Milk	MINI WHEATS LITTLE BITES Animal Grahams Fresh Apple Choice of Milk

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.



Celebrate School Nutrition Employee Week May 9th-13th!

Tell us about your School Lunch Rock Star or send us a photo of you and your School Lunch Rock Star by emailing us at info@preferredmeals.com. Please write "School Lunch Rock Star" in the subject line and include your name, grade, school and the name of your School Lunch Rock Star! Visit our facebook page for more information: www.facebook.com/PreferredMeals.

