



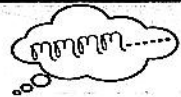
2016 AUGUST LUNCH



Jacksonville Lighthouse Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
August 1, 2016	August 2, 2016	August 3, 2016	August 4, 2016	August 5, 2016
August 8, 2016			August 11, 2016	August 12, 2016
August 15, 2016			August 18, 2016	August 19, 2016
August 22, 2016		August 24, 2016	August 25, 2016	August 26, 2016
August 29, 2016		August 31, 2016	September 1, 2016	September 2, 2016

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.
 *** MENU SUBJECT TO CHANGE.
 *** This Institution is an equal opportunity provider.



NEW SCHOOL YEAR, NEW MENU!!!

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2016 AUGUST BREAKFAST



Jacksonville Lighthouse Charter School

Monday August 1, 2016	Tuesday August 2, 2016	Wednesday August 3, 2016	Thursday August 4, 2016	Friday August 5, 2016
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August 8, 2016	August 9, 2016	August 10, 2016	August 11, 2016	August 12, 2016
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WAFFLES
Mixed Fruit Cup
Orange Juice
Syrup
Choice of Milk

STRAWBERRY YOGURT
Blueberry Muffin
Fresh Nectarine
Apple Juice
Assorted Jelly
Choice of Milk

August 15, 2016	August 16, 2016	August 17, 2016	August 18, 2016	August 19, 2016
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FROOT LOOPS
REDUCED SUGAR
Spiced Grahams
Craisins
Grape Juice
Choice of Milk

STRAWBERRY PANCAKES
Diced Peaches
Orange Juice
Choice of Milk

STRING CHEESE
Banana Muffin
Fresh Peach
Apple-Cranberry Juice
Assorted Jelly
Choice of Milk

CHICKEN BISCUIT
Fresh Nectarine
Blended Fruit Juice
Honey
Choice of Milk

CHEERIOS
Cinnamon Sky Minis
Strawberry Applesauce
Grape Juice
Choice of Milk

August 22, 2016	August 23, 2016	August 24, 2016	August 25, 2016	August 26, 2016
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CINNAMON TOAST CRUNCH
Animal Grahams
Craisins
Blended Fruit Juice
Choice of Milk

TURKEY HAM & CHEESE
ON ENGLISH MUFFIN
Diced Peaches
Grape Juice
Choice of Milk

RICE CHEX
Spiced Grahams
Fresh Plum
Blended Fruit Juice
Choice of Milk

WAFFLES
Mixed Fruit Cup
Orange Juice
Syrup
Choice of Milk

STRAWBERRY YOGURT
Blueberry Muffin
Fresh Nectarine
Apple Juice
Assorted Jelly
Choice of Milk

August 29, 2016	August 30, 2016	August 31, 2016	September 1, 2016	September 2, 2016
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FROOT LOOPS
REDUCED SUGAR
Spiced Grahams
Craisins
Grape Juice
Choice of Milk

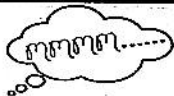
STRAWBERRY PANCAKES
Diced Peaches
Orange Juice
Choice of Milk

STRING CHEESE
Banana Muffin
Fresh Peach
Apple-Cranberry Juice
Assorted Jelly
Choice of Milk

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

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