





Jacksonville Lighthouse Charter LUNCH MENU August 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 	5	6	7	8	9	10 
11	12	13 <i>Country Fried Steak</i> Broccoli Pineapples Wheat Roll Milk	14 Beef Ravioli Carrots Wheat Roll Peaches Milk	15 Taco Salad Black Bean Salsa Orange Milk	16 Fish Corn Green Beans Apple Milk	17 
18	19 BBQ Pork Rib Sandwich Black Eyed Peas Pineapples Milk	20 Beef Tacos (2) Refried Beans Lettuce and Tomato Banana Milk	21 Hot Dog Potato Wedges Peaches Milk	22 Chicken Spaghetti Green Leaf/Tomato Salad Wheat Roll Apple FF Ranch Milk	23 Grilled Chicken Sandwich Green Beans Carrot Sticks Fruit Cocktail Milk	24 <i>If you aim at nothing, you will hit it every time. ~ Zig Ziglar</i>
25 	26 Chicken Strips Mashed Potatoes Mixed Veggies Peaches WG Bread Milk	27 Spaghetti with Meat Sauce Green Beans Wheat Roll Apple Milk	28 Turkey Sub Sandwich Lettuce and Tomato Dill Pickle Spear Dessert Orange Milk	29 BBQ Chicken Drumstick Carrots Baked Beans Pineapples Wheat Roll Milk	30 Pizza Pocket Corn Fruit Cocktail Milk	

*Menu subject to change based on availability