



Bronx Lighthouse Charter School

Lower Academy Principal's Newsletter

November 30, 2011

Dear Families,

I hope you had a safe and restful Thanksgiving. Even though December is often a busy month full of fun activities, we are hard at work here at BLCs. December begins what I like to call the "heart of the year." December, January, and February are months where some of the most intense learning occurs for your scholar. For that reason, this is a great time to find ways to turn off the television! Read the following statistics (taken from <http://www.parentstv.org/ptc/facts/mediafacts.asp>):

- The average time kids spend watching TV each day is 4 Hours
- Children spend more time watching television than in any other activity except sleep. – **Huston and Wright, University of Kansas. "Television and Socialization of Young Children."**
- 54% of kids have a TV in their bedroom. – **Ibid**
- 44% of kids say they watch something different when they're alone than with their parents

Students should only watch television or play video games for an hour or less a day. Television can be replaced by reading, playing board games, or creating arts and crafts projects. So, as we reach the "heart of the year" turn off the television and turn on more activities that lead to learning!

Please read below for important announcements:

- Save the Date! – The next Parent Night is Wednesday, December 14th at 6:30 p.m. We will be discussing how to help your child with reading and writing at home.
- Has your child lost glasses? We have numerous pairs of glasses that have been turned in to lost and found. . Please see Ms. Arias in the main office

Shine On!

Meghan Kimpton
Lower Academy Principal