



February 2018

Breakfast



JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
January 29, 2018	January 30, 2018	January 31, 2018	February 1, 2018	February 2, 2018
			BEEF SAUSAGE SLIDER ^ Fresh Orange Blended Fruit Juice Assorted Jelly Choice of Milk	FROSTED CORN FLAKES ^ Graham Crackers ^ Fresh Apple Choice of Milk
February 5, 2018	February 6, 2018	February 7, 2018	February 8, 2018	February 9, 2018
CINNAMON CHEX ^ Strawberry Pancake Square ^ Craisins Grape Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Pears Orange Juice Choice of Milk	TRIX ^ Graham Crackers ^ Fresh Apple Choice of Milk	PANCAKES ^ Fresh Banana Apple-Cranberry Juice Syrup Choice of Milk	MOZZARELLA CHEESE STICK Pumpkin Loaf ^ Fresh Apple Choice of Milk
February 12, 2018	February 13, 2018	February 14, 2018	February 15, 2018	February 16, 2018
COCOA PUFFS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	MAPLE BROWN SUGAR OATMEAL ^ Banana Muffin ^ Grape Juice Diced Pears Choice of Milk	MOZZARELLA CHEESE STICK Lemon Mini Loaf ^ Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Syrup Fresh Orange Mixed Fruit Cup Choice of Milk	MULTI GRAIN CHEERIOS^ Maple Breakfast Square ^ Fresh Apple Choice of Milk
February 19, 2018	February 20, 2018	February 21, 2018	February 22, 2018	February 23, 2018
PRESIDENTS DAY	CINNAMON TOAST CRUNCH ^ Vanilla Waffle Square ^ Craisins Applesauce Cup Choice of Milk	VANILLA YOGURT Granola ^ Fresh Apple Choice of Milk	STRAWBERRY PANCAKES ^ Fresh Banana Orange Juice Choice of Milk	FRUITY CHEERIOS ^ Graham Crackers ^ Fresh Apple Choice of Milk
February 26, 2018	February 27, 2018	February 28, 2018	March 1, 2018	March 2, 2018
RASPBERRY YOGURT Granola ^ Craisins Apple-Cranberry Juice Choice of Milk	WAFFLES ^ Mixed Fruit Cup Orange Juice Syrup Choice of Milk	RICE CHEX ^ Blueberry Muffin ^ Fresh Apple Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Healthy!

www.PreferredMealsMenu.com





February 2018



Lunch

JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
January 29, 2018	January 30, 2018	January 31, 2018	February 1, 2018	February 2, 2018
			BREAKFAST FOR LUNCH CRISPY CHICKEN TENDERS ^ & WAFFLES ^ Wango Mango Juice Diced Peaches Syrup Choice of Milk	*NEW ITEM* SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Salsa Cup Whole Kernel Corn Fresh Orange Choice of Milk
February 5, 2018	February 6, 2018	February 7, 2018	February 8, 2018	February 9, 2018
POPCORN CHICKEN ^ French Fries Orange Juice Ketchup BBQ Sauce Choice of Milk	*"SPICE IT UP!" RANCH TURKEY BURGER Hamburger Bun ^ Maple Baked Beans Pickle Chips Mixed Fruit Cup Chipotle Ranch Ketchup Choice of Milk	PEPPERONI PIZZA ^ Romaine Lettuce Light Ranch Dressing Fresh Banana Choice of Milk	ROTINI BAKE WITH MEATSAUCE ^ Breadstick ^ Green Beans Sliced Apples Choice of Milk	*NEW ITEM* CHEESEBURGER FLATBREAD^ Whole Kernel Corn Diced Peas Choice of Milk
February 12, 2018	February 13, 2018	February 14, 2018	February 15, 2018	February 16, 2018
CRISPY CHICKEN TENDERS ^ Whole Kernel Corn Applesauce Cup BBQ Sauce Choice of Milk	"NATIONAL PANCAKE DAY" PANCAKES & SAUSAGE ^ Tropical Veggie Juice Diced Peaches Syrup Choice of Milk	3 CHEESE PANINI ^ French Fries Fresh Baby Carrots Light Ranch Dressing Fresh Pear Ketchup Choice of Milk	TACO SCOOPS Salsa Cup Tortilla Chips ^ Refried Beans Fresh Banana Choice of Milk	CHEESE PIZZA ^ Romaine Lettuce Light Ranch Dressing Orange Sorbet 100% Juice Choice of Milk
February 19, 2018	February 20, 2018	February 21, 2018	February 22, 2018	February 23, 2018
PRESIDENTS DAY	*TRY IT TUESDAY! CHICKEN NUGGETS WITH POTATO ROUNDS ^ Sweet Maple Butter Carrots Diced Peas BBQ Sauce Ketchup Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Whole Kernel Corn Mixed Fruit Cup Mustard Ketchup Sriracha Ketchup Choice of Milk	*NATIONAL CHILI DAY* VEGETARIAN CHILI WITH BEANS Corn Muffin ^ French Fries Sliced Apples Ketchup Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Celery Sticks Light Ranch Dressing Grape Juice Choice of Milk
February 26, 2018	February 27, 2018	February 28, 2018	March 1, 2018	March 2, 2018
"FOOD FOCUS CHERRY" COUNTRY CHICKEN COMBO ^ Applesauce Cup Cherry Mini Loaf ^ Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Diced Peaches Mustard Ketchup (2) Choice of Milk	PEPPERONI PIZZA ^ Green Beans Blended Fruit Juice Choice of Milk		

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