

JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
January 1, 2018 NO SCHOOL	January 2, 2018 NO SCHOOL	January 3, 2018 FRUITY CHEERIOS ^ Vanilla Waffle Square ^ Strawberry Craisins Apple-Cranberry Juice Choice of Milk	January 4, 2018 BEEF SAUSAGE SLIDER ^ Mixed Fruit Cup Grape Juice Assorted Jelly Choice of Milk	January 5, 2018 FROSTED CORN FLAKES ^ Graham Crackers ^ Diced Pears Blended Fruit Juice Choice of Milk
January 8, 2018 CINNAMON CHEX ^ Strawberry Pancake Square Strawberry Craisins Orange Juice Choice of Milk	January 9, 2018 TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Pears Grape Juice Choice of Milk	January 10, 2018 TRIX ^ Graham Crackers ^ Fresh Apple Choice of Milk	January 11, 2018 FRENCH TOAST STICKS ^ Fresh Banana Apple-Cranberry Juice Syrup Choice of Milk	January 12, 2018 MOZZARELLA CHEESE STICK Pumpkin Loaf ^ Fresh Apple Choice of Milk
January 15, 2018 NO SCHOOL	January 16, 2018 COCOA PUFFS ^ Graham Crackers ^ Strawberry Craisins Blended Fruit Juice Choice of Milk	January 17, 2018 MOZZARELLA CHEESE STICK Lemon Mini Loaf ^ Fresh Apple Choice of Milk	January 18, 2018 MAPLE BROWN SUGAR OATMEAL ^ Banana Muffin ^ Fresh Orange Mixed Fruit Cup Choice of Milk	January 19, 2018 MULTI GRAIN CHEERIOS Maple Breakfast Square ^ Fresh Apple Choice of Milk
January 22, 2018 CINNAMON TOAST CRUNCH ^ Vanilla Waffle Square Strawberry Craisins Blended Fruit Juice Choice of Milk	January 23, 2018 CHICKEN BISCUIT ^ Diced Pears Grape Juice Ketchup Choice of Milk	January 24, 2018 VANILLA YOGURT Granola Fresh Apple Choice of Milk	January 25, 2018 STRAWBERRY PANCAKES ^ Fresh Banana Orange Juice Choice of Milk	January 26, 2018 FRUITY CHEERIOS ^ Graham Crackers ^ Fresh Apple Choice of Milk
January 29, 2018 RASPBERRY YOGURT Granola Strawberry Craisins Apple-Cranberry Juice Choice of Milk	January 30, 2018 WAFFLES ^ Pineapple Tidbits Orange Juice Syrup Choice of Milk	January 31, 2018 RICE CHEX ^ Blueberry Muffin ^ Fresh Apple Choice of Milk	February 1, 2018	February 2, 2018

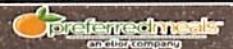
ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

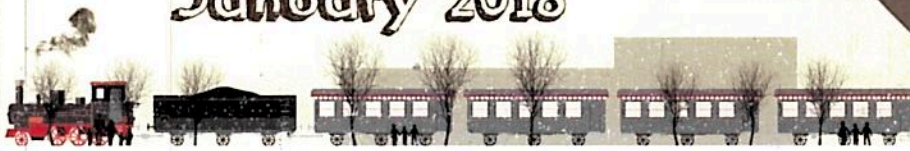
*** This institution is an equal opportunity provider.

Yum!

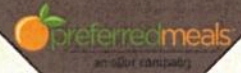
www.PreferredMealsMenu.com



January 2018



Lunch



JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
January 1, 2018 HOLIDAY BREAK	January 2, 2018 HOLIDAY BREAK	January 3, 2018 *BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Wango Mango Juice Applesauce Cup Syrup Choice of Milk	January 4, 2018 *NATIONAL SPAGHETTI DAY* SPAGHETTI & MEATBALLS Green Beans Blended Fruit Juice Choice of Milk	January 5, 2018 PEPPERONI PIZZA ^ Garden Vegetables Mixed Fruit Cup Choice of Milk
January 8, 2018 COUNTRY CHICKEN COMBO ^ Applesauce Cup Choice of Milk	January 9, 2018 HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Diced Peaches Mustard Ketchup (2) Choice of Milk	January 10, 2018 CHEESE PIZZA ^ Broccoli Mixed Fruit Cup Choice of Milk	January 11, 2018 CHILI Corn Muffin ^ French Fries Sliced Apples Ketchup Choice of Milk	January 12, 2018 *BUILD A BETTER BURGER* RANCH TURKEY BURGER Hamburger Bun ^ Romaine Lettuce Pickle Chips Jalapenos Light Mayonnaise Fresh Banana Choice of Milk
January 15, 2018 MARTIN LUTHER KING JR.	January 16, 2018 *SPICE IT UP!*BAKED CHICKEN NUGGETS ^ French Fries Grape Juice Chipotle Ranch BBQ Sauce Sriracha Ketchup Ketchup Choice of Milk	January 17, 2018 CHEESEBURGER Hamburger Bun ^ Whole Kernel Corn Pickle Chips Mustard Ketchup Fresh Orange Choice of Milk	January 18, 2018 BAGEL DOG ^ Garden Vegetables Celery Sticks Light Ranch Dressing Diced Peaches Ketchup Mustard Choice of Milk	January 19, 2018 *NEW ITEM* CHEESY CHICKEN VEG BOOYAH (STEW) Corn Muffin ^ Mixed Fruit Cup Choice of Milk
January 22, 2018 PIZZA DIPPERS ^ Marinara Dipping Sauce Garden Vegetables Diced Pears Choice of Milk	January 23, 2018 *NATIONAL SOUTHERN FOOD DAY* CHICKEN DRUMSTICK W POTATO ROUNDS Green Beans Corn Muffin ^ BBQ Sauce Ketchup Blended Fruit Juice Choice of Milk	January 24, 2018 TACO MEAT Soft Tortilla ^ (2) Refried Beans Fresh Orange Choice of Milk	January 25, 2018 *MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN ^ Romaine Lettuce Cucumbers Light Ranch Dressing Sliced Apples Choice of Milk	January 26, 2018 SALISBURY STEAK GRAVY MASHED POTATOES Fresh Baby Carrots Light Ranch Dressing Mixed Fruit Cup Sliced Bread ^ Choice of Milk
January 29, 2018 CHICKEN NUGGETS WITH POTATO ROUNDS ^ Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	January 30, 2018 TOASTY TUESDAY** TOASTED CHEESE SANDWICH ^ Tomato Soup^ Pickle Chips Mixed Fruit Cup Choice of Milk	January 31, 2018 SAUSAGE PIZZA ^ Romaine Lettuce Light Italian Dressing Fresh Banana Choice of Milk	February 1, 2018	February 2, 2018

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