



February 2012




Jacksonville Lighthouse

BRKFST



Preferred Meal Systems, Inc.

preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
		APPLE MUFFIN Orange Juice	MINI WHEATS LITTLE BITES Plain Donut Grape Juice	FROSTED FLAKES (LOW SUGAR) Whole Grain Cinnamon Raisin Bagel Apple-Cranberry Juice
CORN POPS Cinnamon Breakfast Square Orange Pineapple Juice	APPLE JACKS REDUCED SUGAR Banana Muffin Blended Fruit Juice	BLUEBERRY MUFFIN Orange Juice	CRISPIX Strawberry Waffle Crackers Apple Cranberry Juice	RAISIN BRAN (WHOLE GRAIN) Glazed Donut Grape Juice
FROSTED FLAKES (LOW SUGAR) Whole Grain Apple Granola Square Blended Fruit Juice	RICE KRISPIES Brown Sugar Pop Tart Apple-Cranberry Juice	APPLE MUFFIN Grape Juice	CORN FLAKES Plain Donut Orange Pineapple Juice	CORN POPS Cinnamon Raisin Bagel Apple Juice
 President's Day	MINI WHEATS LITTLE BITES Apple Granola Square Grape Juice	BANANA MUFFIN Apple Juice	FROOT LOOPS (LOW SUGAR) Graham Crackers Blended Fruit Juice	CRISPIX Rockin' Raisin Muffin Apple-Cranberry Juice
COCOA KRISPIES Cinnamon Breakfast Square Blended Fruit Juice	APPLE JACKS REDUCED SUGAR Cinnamon Superstix Orange Juice	CORN POPS Blueberry Muffin Grape Juice		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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