



March 2012



Jacksonville Lighthouse

BRKFST



Preferred Meal Systems, Inc.

preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
			FROSTED FLAKES (LOW SUGAR) Whole Grain Plain Donut Apple Juice	BANANA MUFFIN Orange Pineapple Juice
FROOT LOOPS (LOW SUGAR) Apple Granola Square Orange Pineapple Juice	CORN POPS Strawberry Pop Tart (Frosted) Apple Juice	APPLE MUFFIN Apple-Cranberry Juice	MINI WHEATS LITTLE BITES Plain Donut Grape Juice	FROSTED FLAKES (LOW SUGAR) Whole Grain Cinnamon Raisin Bagel Apple-Cranberry Juice
National School Breakfast Week				
CORN POPS Cinnamon Breakfast Square Orange Pineapple Juice	APPLE JACKS REDUCED SUGAR Banana Muffin Blended Fruit Juice	BLUEBERRY MUFFIN Orange Juice	CRISPIX Strawberry Waffle Crackers Apple Cranberry Juice	RAISIN BRAN (WHOLE GRAIN) Glazed Donut Grape Juice
SPRING BREAK				
MINI WHEATS LITTLE BITES Apple Granola Square Grape Juice	RAISIN BRAN (WHOLE GRAIN) Glazed Donut Orange Pineapple Juice	BANANA MUFFIN Apple Juice	FROOT LOOPS (LOW SUGAR) Graham Crackers Blended Fruit Juice	CRISPIX Rockin' Raisin Muffin Apple-Cranberry Juice

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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