



Jacksonville Lighthouse Cpa Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
June 2, 2014	June 3, 2014	June 4, 2014	June 5, 2014	June 6, 2014
CHEESE PIZZA Garden Peas Mixed Fruit Cup Choice of Milk	BAKED CHICKEN NUGGETS (WHOLE GRAIN) California Blend Veggies Diced Peaches BBQ Sauce Choice of Milk	TURKEY HAM & CHEESE PANINI Romaine Lettuce Cucumbers French Dressing Pineapple Tidbits Mini Wafer Choice of Milk	PARMESAN POPCORN CHICKEN & PASTA Breadstick Fresh Baby Carrots Ranch Dressing Fresh Orange Choice of Milk	MEATBALLS W/ TOMATO SAUCE Hot Dog Bun Maple Baked Beans Fresh Banana Choice of Milk
June 9, 2014	June 10, 2014	June 11, 2014	June 12, 2014	June 13, 2014
BEAN & CHEESE BURRITO Salsa Cup Whole Kernel Corn Orange Sorbet 100% Juice Milk	PEPPERONI PIZZA Green Beans Cinnamon Applesauce Milk			
June 16, 2014	June 17, 2014	June 18, 2014	June 19, 2014	June 20, 2014
June 23, 2014	June 24, 2014	June 25, 2014	June 26, 2014	June 27, 2014
June 30, 2014	July 1, 2014	July 2, 2014	July 3, 2014	July 4, 2014

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

Food of the Month:
PEACHES

One of the largest fruit crops grown in the United States, peaches provide a great deal of nutrients from 10 different minerals! 1. Vitamin A 2. Vitamin C 3. Vitamin E 4. Vitamin K 5. Thiamin 6. Riboflavin 7. Vitamin B-6 8. Niacin 9. Folate 10. Pantothenic Acid