



August 2012

Jacksonville Lighthouse



Preferred Meal Systems, Inc.

preferredmealsystems.com

Lunch K-8 (LN)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Starting This School Year! New Lunch Menu</p> <p>Visit preferredmealsystems.com/index.php/kidscorner for more information in the September issue of <i>The Preferred Word</i></p>				
6	7	8	9	10
13	14	15	16	17
<p>POPCORN CHICKEN</p> <p>French/Sweet Potato Fries Funky Fruit Punch Applesauce (all natural)</p>	<p>WG SPAGHETTI & MEATBALLS</p> <p>Broccoli Pineapple Cup</p>	<p>CRISPY CHICKEN FILLET (WHOLE GRAIN) Whole Wheat Hamburger Bun</p> <p>Maple Baked Beans Jalapenos Diced Pear Cup</p>	<p>FRENCH BREAD PEPPERONI PIZZA</p> <p>Diced Carrots Peach Cup</p>	<p>SALISBURY STEAK W/GRAVY MASHED POTATOES WHOLE KERNEL CORN</p> <p>Mixed Fruit Cup Whole Wheat Hamburger Bun</p>
20	21	22	23	24
<p>WG MINI CORN DOGS & WG CHICKEN FUN MIX WITH POTATOES</p> <p>Peas Mixed Fruit Cup</p>	<p>FRENCH BREAD CHEESE PIZZA</p> <p>Fresh Baby Carrots Peach Cup</p>	<p>CHEESY CHICKEN, POTATO BROCCOLI BAKE</p> <p>Fresh Orange Whole Grain Breadstick</p>	<p>ITALIAN CHICKEN PARMESAN (WHOLE GRAIN)</p> <p>Romaine Lettuce Diced Pear Cup Whole Wheat Hamburger Bun</p>	<p>CHARBROILED HAMBURGER</p> <p>Pickle Chips Maple Baked Beans Fresh Apple Whole Wheat Hamburger Bun</p>
27	28	29	30	31
<p>TACO MEAT</p> <p>Refried Beans Applesauce Cup WG Tortilla Rounds</p>	<p>WG CHICKEN DIPPERS W/ TOMATO PARMESAN SAUCE</p> <p>Collard Greens Mixed Fruit Cup Whole Grain Breadstick</p>	<p>WG MACARONI & CHEESE WITH ITALIAN GREEN BEANS</p> <p>Fresh Banana</p>	<p>WG PIZZA DIPPERS</p> <p>Marinara Dipping Sauce Romaine Lettuce Pineapple Cup</p>	<p>HOT DOG</p> <p>Tri Tators Fresh Pear Whole Wheat Hot Dog Bun</p>

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

***MENU SUBJECT TO CHANGE.



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