



December 2014 Breakfast

Jacksonville Lighthouse Cpa Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
December 1, 2014	December 2, 2014	December 3, 2014	December 4, 2014	December 5, 2014
RAISIN BRAN Apple Waffle Crackers Blended Fruit Juice Raisins Choice of Milk	BAGEL Diced Pears Grape Juice Assorted Jelly Choice of Milk	FROOT LOOPS REDUCED SUGAR Animal Grahams Mixed Fruit Cup Apple-Cranberry Juice Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Graham Crackers Fresh Orange Grape Juice Assorted Jelly Choice of Milk	String Cheese Banana Muffin Fresh Apple Assorted Jelly Choice of Milk
December 8, 2014	December 9, 2014	December 10, 2014	December 11, 2014	December 12, 2014
RICE CHEX Apple Muffin Blended Fruit Juice Raisins Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Animal Grahams Diced Peaches Apple-Cranberry Juice Choice of Milk	STRAWBERRY YOGURT Strawberry Waffle Crackers Fresh Apple Assorted Jelly Choice of Milk	FROSTED FLAKES (LOW SUGAR) WG Mini Wafer Fresh Banana Grape Juice Choice of Milk	APPLE JACKS REDUCED SUGAR Graham Crackers Fresh Apple Choice of Milk
December 15, 2014	December 16, 2014	December 17, 2014	December 18, 2014	December 19, 2014
CHEERIOS Cinnamon Breakfast Square Grape Juice Raisins Choice of Milk	RICE KRISPIES Graham Crackers Mixed Fruit Cup Blended Fruit Juice Assorted Jelly Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Strawberry Waffle Crackers Fresh Apple Choice of Milk	BAGEL Fresh Orange Apple-Cranberry Juice Assorted Jelly Choice of Milk	String Cheese Banana Muffin Fresh Apple Assorted Jelly Choice of Milk
December 22, 2014	December 23, 2014	December 24, 2014	December 25, 2014	December 26, 2014
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
December 29, 2014	December 30, 2014	December 31, 2014	January 1, 2015	January 2, 2015
NO SCHOOL	NO SCHOOL	NO SCHOOL		

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

**Oranges are a winter fruit-
What's YOUR favorite fruit?**

Let us know at info@preferredmeals.com. Write "FRUIT" in the subject line. Be sure to include your name, grade, school and town. See results on Facebook at Preferred Meals. And LIKE us