



February 2015 Breakfast



Jacksonville Lighthouse Cpa Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
February 2, 2015 FROOT LOOPS REDUCED SUGAR Animal Grahams Blended Fruit Juice Raisins Choice of Milk	February 3, 2015 RICE CHEX Cinnamon Breakfast Square Diced Pears Grape Juice Choice of Milk	February 4, 2015 STRAWBERRY YOGURT Blueberry Muffin Fresh Apple Assorted Jelly Choice of Milk	February 5, 2015 RAISIN BRAN Spiced Grahams Fresh Banana Grape Juice Choice of Milk	February 6, 2015 CHEERIOS Graham Crackers Fresh Apple Choice of Milk
February 9, 2015 FROSTED FLAKES (LOW SUGAR) Animal Grahams Raisins Apple-Cranberry Juice Choice of Milk	February 10, 2015 FROOT LOOPS REDUCED SUGAR Strawberry Waffle Crackers Diced Peaches Orange Juice Choice of Milk	February 11, 2015 APPLE JACKS REDUCED SUGAR Graham Crackers Fresh Apple Choice of Milk	February 12, 2015 ENGLISH MUFFIN Fresh Orange Blended Fruit Juice Assorted Jelly Choice of Milk	February 13, 2015 STRING CHEESE Banana Muffin Fresh Apple Assorted Jelly Choice of Milk
February 16, 2015	February 17, 2015 CHEERIOS Apple Waffle Crackers Raisins Blended Fruit Juice Choice of Milk	February 18, 2015 STRAWBERRY YOGURT Blueberry Muffin Fresh Apple Assorted Jelly Choice of Milk	February 19, 2015 BAGEL Fresh Banana Grape Juice Assorted Jelly Choice of Milk	February 20, 2015 FROOT LOOPS REDUCED SUGAR Spiced Grahams Fresh Apple Choice of Milk
February 23, 2015 RAISIN BRAN Apple Waffle Crackers Blended Fruit Juice Raisins Choice of Milk	February 24, 2015 BAGEL Diced Pears Grape Juice Assorted Jelly Choice of Milk	February 25, 2015 FROOT LOOPS REDUCED SUGAR Animal Grahams Mixed Fruit Cup Apple-Cranberry Juice Choice of Milk	February 26, 2015 CINNAMON FLAKES REDUCED SUGAR Graham Crackers Fresh Orange Grape Juice Assorted Jelly Choice of Milk	February 27, 2015 STRING CHEESE Banana Muffin Fresh Apple Assorted Jelly Choice of Milk

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider and employer.



This month we celebrate all Dairy products and the benefits they provide to a healthy diet. Milk not only tastes great but helps build bone and keep muscles strong. Milk is the #1 source of Vitamin D which is essential to help calcium do it's job.