



MARCH 2014 Breakfast



Jacksonville Lighthouse Cpa Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
March 3, 2014	March 4, 2014	March 5, 2014	March 6, 2014	March 7, 2014
RAISIN BRAN Donut Apple-Cranberry Juice Choice of Milk	TOASTY O'S Brown Sugar Pop Tart (Frosted) Apple Juice Choice of Milk	STRING CHEESE Apple Muffin Assorted Jelly Grape Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Cinnamon Superstix Apple Juice Choice of Milk	APPLE JACKS REDUCED SUGAR Strawberry Waffle Crackers Blended Fruit Juice Choice of Milk
March 10, 2014	March 11, 2014	March 12, 2014	March 13, 2014	March 14, 2014
TOASTY O'S Mini Wafer Grape Juice Choice of Milk	RICE KRISPIES Bagel Assorted Jelly Apple Juice Choice of Milk	RAISIN BRAN Cinnamon Breakfast Square Orange Juice Choice of Milk	OAT BLENDERS Strawberry Pop Tart (Unfrosted) Blended Fruit Juice Choice of Milk	STRING CHEESE Blueberry Muffin Apple-Cranberry Juice Assorted Jelly Choice of Milk
March 17, 2014	March 18, 2014	March 19, 2014	March 20, 2014	March 21, 2014
FROOT LOOPS REDUCED SUGAR Cinnamon Breakfast Square Blended Fruit Juice Choice of Milk	RICE KRISPIES Donut Orange Juice Choice of Milk	STRING CHEESE Banana Muffin Assorted Jelly Apple-Cranberry Juice Choice of Milk	RAISIN BRAN Strawberry Superstix Grape Juice Choice of Milk	MINI WHEATS LITTLE BITES Mini Wafer Apple-Cranberry Juice Choice of Milk
March 24, 2014	March 25, 2014	March 26, 2014	March 27, 2014	March 28, 2014
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
March 31, 2014	April 1, 2014	April 2, 2014	April 3, 2014	April 4, 2014
CINNAMON TOASTERS Apple Waffle Crackers Orange Juice Choice of Milk				

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

Eat Your Breakfast! Studies indicate that students who eat school breakfast increase their math and reading scores and improve their cognitive speed and memory. "Be a Star with School Breakfast," March 3-7, 2014

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