



MARCH 2014 Lunch



Jacksonville Lighthouse Cpa Elementary

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| March 3, 2014 | March 4, 2014 | March 5, 2014 | March 6, 2014 | March 7, 2014 |
| MINI CORN DOGS & CHICKEN FUN MIX Golden Potato Rounds Mixed Fruit Cup Mustard Ketchup Milk | CHEESEBURGER Hamburger Bun Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Apple Mustard Ketchup Milk | PIZZA DIPPERS Marinara Dipping Sauce Garden Peas Diced Pears Milk | BBQ CHICKEN Hamburger Bun Romaine Lettuce Light French Dressing Diced Peaches Milk | MINI RAVIOLI WITH SAUCE Whole Kernel Corn Fresh Orange Milk |
| March 10, 2014 | March 11, 2014 | March 12, 2014 | March 13, 2014 | March 14, 2014 |
| BAKED CHICKEN NUGGETS (WHOLE GRAIN) California Blend Veggies Diced Peaches BBQ Sauce Milk | HOT DOG W/ POTATO ROUNDS Hot Dog Bun Maple Baked Beans Pineapple Tidbits Mustard Ketchup (2) Milk | CHEESE PIZZA Garden Peas Orange Juice Milk | PARMESAN POPCORN CHICKEN & PASTA Fresh Baby Carrots Ranch Dressing Fresh Orange Milk | 3 CHEESE PANINI Romaine Lettuce Cucumbers Ranch Dressing Fresh Banana Mini Wafer Milk |
| March 17, 2014 | March 18, 2014 | March 19, 2014 | March 20, 2014 | March 21, 2014 |
| PENNE PASTA W/MEAT SAUCE Whole Kernel Corn Orange Sorbet 100% Juice Milk | PEPPERONI PIZZA Green Beans Cinnamon Applesauce Milk | SALISBURY STEAK W/GRAVY & MASHED POTATOES Whole Wheat Bread Fresh Baby Carrots Ranch Dressing Mixed Fruit Cup Shortbread Mini Milk | CHICKEN DRUMSTICK W/POTATO ROUNDS Breadstick Celery Sticks FF Ranch Dressing Maple Baked Beans Fresh Pear BBQ Sauce Milk | BEAN & CHEESE BURRITO Salsa Cup Fresh Broccoli FF Ranch Dressing Fresh Banana Milk |
| March 24, 2014 | March 25, 2014 | March 26, 2014 | March 27, 2014 | March 28, 2014 |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| March 31, 2014 | April 1, 2014 | April 2, 2014 | April 3, 2014 | April 4, 2014 |
| HOMESTYLE CHILI W/TURKEY & BEANS Garden Peas Strawberry Applesauce Fritos Milk | | | | |

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

Love Broccoli?

There's plenty of reasons to love Broccoli besides it's great taste! Not only are these little trees tasty and fun to eat, but they pack a nutritional punch. Did you know that one cup of broccoli has as much Vitamin C as an orange? Check out more Broccoli facts in our Nutrition Minute on Facebook. Like the Preferred Meals page!

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