

Food of the month:  
dry beans

# 2014 May Breakfast



## Jacksonville Lighthouse Cpa Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
April 28, 2014	April 29, 2014	April 30, 2014	May 1, 2014	May 2, 2014
			RICE KRISPIES Strawberry Superstix Grape Juice Choice of Milk	APPLE JACKS REDUCED SUGAR Mini Wafer Blended Fruit Juice Choice of Milk
May 5, 2014	May 6, 2014	May 7, 2014	May 8, 2014	May 9, 2014
FROSTED FLAKES (LOW SUGAR) Apple Breakfast Square Orange Juice Choice of Milk	OAT BLENDERS Bagel Assorted Jelly Apple-Cranberry Juice Choice of Milk	APPLE JACKS REDUCED SUGAR Donut Grape Juice Choice of Milk	RAISIN BRAN Mini Wafer Apple Juice Choice of Milk	STRING CHEESE Apple Muffin Blended Fruit Juice Assorted Jelly Choice of Milk
May 12, 2014	May 13, 2014	May 14, 2014	May 15, 2014	May 16, 2014
CINNAMON TOASTERS Apple Waffle Crackers Orange Juice Choice of Milk	TOASTY O'S Brown Sugar Pop Tart (Frosted) Apple Juice Choice of Milk	STRING CHEESE Blueberry Muffin Assorted Jelly Blended Fruit Juice Choice of Milk	FROOT LOOPS REDUCED SUGAR Cinnamon Superstix Grape Juice Choice of Milk	RAISIN BRAN Spiced Grahams Orange Juice Choice of Milk
May 19, 2014	May 20, 2014	May 21, 2014	May 22, 2014	May 23, 2014
OAT BLENDERS Apple Breakfast Square Blended Fruit Juice Choice of Milk	TOASTY O'S Mini Wafer Grape Juice Choice of Milk	FROOT LOOPS REDUCED SUGAR Spiced Grahams Orange Juice Choice of Milk	RAISIN BRAN Bagel Assorted Jelly Apple Juice Choice of Milk	STRING CHEESE Banana Muffin Assorted Jelly Blended Fruit Juice Choice of Milk
May 26, 2014	May 27, 2014	May 28, 2014	May 29, 2014	May 30, 2014
NO SCHOOL	RAISIN BRAN Donut Apple-Cranberry Juice Choice of Milk	STRING CHEESE Apple Muffin Assorted Jelly Grape Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Cinnamon Superstix Apple Juice Choice of Milk	APPLE JACKS REDUCED SUGAR Strawberry Waffle Crackers Blended Fruit Juice Choice of Milk

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* USDA is an equal opportunity provider and employer.

