



# MAY Lunch

## JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| <b>May 1, 2017</b><br>CHICKEN TENDERS WITH POTATO WEDGES<br>Diced Carrots<br>Orange Juice<br>BBQ Sauce<br>Ketchup<br>Choice of Milk                          | <b>May 2, 2017</b><br>GRILLED CHEESE PANINI<br>Tropical Veggie Juice<br>Diced Peaches<br>Raspberry Cookies<br>Choice of Milk | <b>May 3, 2017</b><br>PEPPERONI PIZZA<br>Romaine Lettuce<br>Light Ranch Dressing<br>Fresh Banana<br>Choice of Milk   | <b>May 4, 2017</b><br>HOT DOG W/ POTATO ROUNDS<br>Hot Dog Bun<br>Taco Beans<br>Sliced Apples<br>Mustard<br>Ketchup (2)<br>Choice of Milk | <b>May 5, 2017</b><br>*FIESTA FRIDAY!<br>TACO SCOOPS<br>Tortilla Chips<br>Romaine Lettuce<br>Salsa Cup<br>Jalapenos<br>Blended Fruit Juice<br>Choice of Milk             |
| <b>May 8, 2017</b><br>*MEATLESS MONDAY*<br>PIZZA DIPPERS<br>Marinara Dipping Sauce<br>Green Beans<br>Applesauce Cup<br>Choice of Milk                        | <b>May 9, 2017</b><br>SLOPPY JOE<br>Hamburger Bun<br>Maple Baked Beans<br>Mixed Fruit Cup<br>Choice of Milk                  | <b>May 10, 2017</b><br>*MAKE YOUR OWN SALAD DAY*<br>POPCORN CHICKEN<br>Romaine Lettuce<br>Cucumbers<br>Light Ranch Dressing<br>Fresh Orange<br>BBQ Sauce<br>Choice of Milk | <b>May 11, 2017</b><br>SAUSAGE PIZZA<br>Whole Kernel Corn<br>Fresh Banana<br>Choice of Milk  | <b>May 12, 2017</b><br>VEGETARIAN CHILI WITH BEANS<br>French Fries<br>Grape Juice<br>Corn Muffin<br>Ketchup<br>Choice of Milk  |
| <b>May 15, 2017</b><br>CHICKEN NUGGETS WITH POTATO ROUNDS<br>Maple Baked Beans<br>Diced Peaches<br>BBQ Sauce<br>Ketchup<br>Choice of Milk                    | <b>May 16, 2017</b><br>ROTINI BAKE WITH MEATSAUCE<br>Green Beans<br>Apple-Cranberry Juice<br>Choice of Milk                  | <b>May 17, 2017</b><br>BAGEL DOG<br>Romaine Lettuce<br>Celery Sticks<br>Light Ranch Dressing<br>Fresh Banana<br>Mustard<br>Ketchup<br>Choice of Milk                       | <b>May 18, 2017</b><br>BBQ CHICKEN<br>Hamburger Bun<br>Mashed Potatoes<br>Sliced Apples<br>Choice of Milk                                | <b>May 19, 2017</b><br>PIZZA PARTY!<br>CHEESE PIZZA<br>Confetti Corn<br>Orange Sorbet 100% Juice<br>Chocolate Chip Minis<br>Choice of Milk<br>Choice of Milk             |
| <b>May 22, 2017</b><br>FUN-DAY MONDAY!<br>CRISPY CHICKEN TENDERS (WHOLE GRAIN)<br>WAFFLES<br>Tropical Veggie Juice<br>Diced Pears<br>Syrup<br>Choice of Milk | <b>May 23, 2017</b><br>TURKEY BURGER<br>Hamburger Bun<br>French Fries<br>Mixed Fruit Cup<br>Ketchup (2)<br>Choice of Milk    | <b>May 24, 2017</b><br>CHICKEN QUESO BURRITO<br>Salsa Cup<br>Refried Beans<br>Fresh Orange<br>Choice of Milk   | <b>May 25, 2017</b><br>PEPPERONI PIZZA<br>Romaine Lettuce<br>Light Ranch Dressing<br>Grape Juice<br>Choice of Milk                       | <b>May 26, 2017</b><br>POPCORN CHICKEN<br>Mashed Potatoes<br>Fresh Baby Carrots<br>Light Ranch Dressing<br>Blended Fruit Juice<br>BBQ Sauce<br>Ketchup<br>Choice of Milk |
| <b>May 29, 2017</b><br>MEMORIAL DAY  | <b>May 30, 2017</b><br>CHEESE PIZZA<br>Garden Vegetables<br>Diced Peaches<br>Choice of Milk                                  | <b>May 31, 2017</b><br>CHICKEN TENDERS WITH POTATO WEDGES<br>Green Beans<br>Blended Fruit Juice<br>BBQ Sauce<br>Ketchup<br>Choice of Milk                                  | <b>June 1, 2017</b>  | <b>June 2, 2017</b>  |

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This institution is an equal opportunity provider.

*How do you like the Pizza dippers? How about the hot dogs?*

**Give us feedback on Facebook or by emailing [info@preferredmeals.com](mailto:info@preferredmeals.com)**



# MAY Breakfast

## JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| <b>May 1, 2017</b><br>CINNAMON TOAST CRUNCH<br>Animal Grahams<br>Craisins<br>Blended Fruit Juice<br>Choice of Milk            | <b>May 2, 2017</b><br>BEEF SAUSAGE SLIDER<br>Mixed Fruit Cup<br>Grape Juice<br>Ketchup<br>Choice of Milk                  | <b>May 3, 2017</b><br>COCOA PUFFS<br>Maple Breakfast Square<br>Fresh Apple<br>Choice of Milk                        | <b>May 4, 2017</b><br>MAPLE PANCAKES<br>Fresh Banana<br>Orange Juice<br>Choice of Milk                          | <b>May 5, 2017</b><br>VANILLA YOGURT<br>Cherry Mini Loaf<br>Fresh Apple<br>Choice of Milk                    |
| <b>May 8, 2017</b><br>APPLE JACKS<br>REDUCED SUGAR<br>Cherry Breakfast Bar<br>Craisins<br>Orange Juice<br>Choice of Milk      | <b>May 9, 2017</b><br>FRENCH TOAST STICKS<br>Grape Juice<br>Pineapple Tidbits<br>Syrup<br>Choice of Milk                  | <b>May 10, 2017</b><br>MOZZARELLA STRING<br>CHEESE<br>Lemon Mini Loaf<br>Fresh Apple<br>Choice of Milk              | <b>May 11, 2017</b><br>BREAKFAST BURRITO<br>Fresh Orange<br>Blended Fruit Juice<br>Taco Sauce<br>Choice of Milk | <b>May 12, 2017</b><br>MINI WHEATS<br>LITTLE BITES<br>Vanilla Waffle Square<br>Fresh Apple<br>Choice of Milk |
| <b>May 15, 2017</b><br>STRAWBERRY YOGURT<br>Granola<br>Craisins<br>Grape Juice<br>Choice of Milk                              | <b>May 16, 2017</b><br>TURKEY HAM & CHEESE<br>ON ENGLISH MUFFIN<br>Diced Peaches<br>Blended Fruit Juice<br>Choice of Milk | <b>May 17, 2017</b><br>FROSTED FLAKES<br>(LOW SUGAR)<br>French Toast Breakfast Bar<br>Fresh Apple<br>Choice of Milk | <b>May 18, 2017</b><br>WAFFLES<br>Fresh Banana<br>Orange Juice<br>Syrup<br>Choice of Milk                       | <b>May 19, 2017</b><br>RICE KRISPIES<br>Graham Crackers<br>Fresh Apple<br>Choice of Milk                     |
| <b>May 22, 2017</b><br>FROOT LOOPS<br>REDUCED SUGAR<br>Strawberry Pancake Square<br>Craisins<br>Grape Juice<br>Choice of Milk | <b>May 23, 2017</b><br>WHOLE GRAIN PANCAKES<br>Diced Pears<br>Orange Juice<br>Syrup<br>Choice of Milk                     | <b>May 24, 2017</b><br>MOZZARELLA STRING<br>CHEESE<br>Blueberry Muffin<br>Fresh Apple<br>Choice of Milk             | <b>May 25, 2017</b><br>CHICKEN BISCUIT<br>Fresh Orange<br>Blended Fruit Juice<br>Ketchup<br>Choice of Milk      | <b>May 26, 2017</b><br>GOLDEN GRAHAM CEREAL<br>Cinnamon Sky Minis<br>Fresh Apple<br>Choice of Milk           |
| <b>May 29, 2017</b><br>MEMORIAL DAY   | <b>May 30, 2017</b><br>CINNAMON TOAST CRUNCH<br>Animal Grahams<br>Craisins<br>Blended Fruit Juice<br>Choice of Milk       | <b>May 31, 2017</b><br>COCOA PUFFS<br>Maple Breakfast Square<br>Fresh Apple<br>Choice of Milk                       | <b>June 1, 2017</b>   | <b>June 2, 2017</b>  |

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