



November LUNCH



JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
October 31, 2016	November 1, 2016	November 2, 2016	November 3, 2016	November 4, 2016
	SLOPPY JOE Hamburger Bun Green Beans Grape Juice Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun Taco Beans Fresh Orange Ketchup Mustard Choice of Milk	CHEESE PIZZA Romaine Lettuce Light Ranch Dressing Mixed Fruit Cup Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun Whole Kernel Corn Fresh Banana Ketchup Mustard Choice of Milk
November 7, 2016	November 8, 2016	November 9, 2016	November 10, 2016	November 11, 2016
MINI CORN DOGS & CHICKEN FUN MIX French Fries Blended Fruit Juice Ketchup BBQ Sauce Choice of Milk	MEATBALL SUB Hot Dog Bun Green Beans Diced Peaches Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Banana BBQ Sauce Choice of Milk	ROTINI BAKE WITH MEATSAUCE Garden Vegetables Sliced Apples Choice of Milk	NO SCHOOL
November 14, 2016	November 15, 2016	November 16, 2016	November 17, 2016	November 18, 2016
CHICKEN NUGGETS WITH POTATO ROUNDS Diced Carrots Mixed Fruit Cup BBQ Sauce Ketchup Choice of Milk	CHEESE PIZZA Broccoli Pineapple Tidbits Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Tropical Veggie Juice Fresh Pear Syrup Choice of Milk	HOLIDAY MEAL** TURKEY W/STUFFING GRAVY MASHED POTATOES Garden Vegetables Strawberry Applesauce Chocolate Cookie Choice of Milk	*FRESH FEATURE FRIDAY* CHEESEBURGER Hamburger Bun Maple Baked Beans Green Pepper Strips Light Ranch Dressing Orange Juice Ketchup Mustard Choice of Milk
November 21, 2016	November 22, 2016	November 23, 2016	November 24, 2016	November 25, 2016
THANKSGIVING	THANKSGIVING	THANKSGIVING	THANKSGIVING	NO SCHOOL
November 28, 2016	November 29, 2016	November 30, 2016	December 1, 2016	December 2, 2016
CHICKEN TENDERS W/SWEET POTATO PUFFS Peas & Carrots Orange Sorbet 100% Juice BBQ Sauce Ketchup Choice of Milk	SLOPPY JOE Hamburger Bun Green Beans Grape Juice Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Fresh Orange Choice of Milk		

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

LOOK FOR NEW

FEATURED FOOD DAYS

INCLUDING:

-FRESH FEATURE FRIDAY
-MAKE YOUR OWN -BREAKFAST FOR LUNCH
-AROUND THE WORLD



November BREAKFAST



JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
October 31, 2016	November 1, 2016	November 2, 2016	November 3, 2016	November 4, 2016
	BEEF SAUSAGE ON A BISCUIT Diced Peaches Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) French Toast Breakfast Square Fresh Apple Choice of Milk	STRAWBERRY PANCAKES Fresh Banana Orange Juice Choice of Milk	RICE KRISPIES Animal Grahams Fresh Apple Choice of Milk
November 7, 2016	November 8, 2016	November 9, 2016	November 10, 2016	November 11, 2016
FROOT LOOPS REDUCED SUGAR Maple Breakfast Square Craisins Grape Juice Choice of Milk	WAFFLES Diced Pears Orange Juice Syrup Choice of Milk	Mozzarella Cheese Stick Blueberry Muffin Fresh Apple Choice of Milk	EGG & CHEESE ON WW ENGLISH MUFFIN Fresh Orange Blended Fruit Juice Assorted Jelly Choice of Milk	NO SCHOOL
November 14, 2016	November 15, 2016	November 16, 2016	November 17, 2016	November 18, 2016
CINNAMON TOAST CRUNCH Raspberry Cookies Craisins Blended Fruit Juice Choice of Milk	BREAKFAST BURRITO Mixed Fruit Cup Grape Juice Taco Sauce Choice of Milk	COCOA PUFFS Maple Breakfast Square Fresh Apple Choice of Milk	PANCAKES Fresh Pear Orange Juice Syrup Choice of Milk	STRAWBERRY YOGURT Peach Mini Loaf Fresh Apple Choice of Milk
November 21, 2016	November 22, 2016	November 23, 2016	November 24, 2016	November 25, 2016
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
November 28, 2016	November 29, 2016	November 30, 2016	December 1, 2016	December 2, 2016
VANILLA YOGURT Craisins Grape Juice Cinnamon Sky Cookie Choice of Milk	BEEF SAUSAGE ON A BISCUIT Diced Peaches Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) French Toast Breakfast Square Fresh Apple Choice of Milk		

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-AROUND THE WORLD