



JACKSONVILLE LIGHTHOUSE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
			MAPLE PANCAKES ^ Fresh Banana Blended Fruit Juice Choice of Milk	TRIX ^ Strawberry Pancake Square ^ Fresh Apple Choice of Milk
November 5, 2018	November 6, 2018	November 7, 2018	November 8, 2018	November 9, 2018
STRAWBERRY BANANA YOGURT Granola ^ Craisins Apple-Cranberry Juice Choice of Milk	EGG & CHEESE BAGEL ^ Pineapple Tidbits Orange Juice Choice of Milk	FROSTED CORN FLAKES ^ Graham Crackers ^ Fresh Apple Choice of Milk	WAFFLES ^ Fresh Pear Blended Fruit Juice Syrup Choice of Milk	CINNAMON CHEX ^ Cherry Breakfast Bar ^ Fresh Apple Choice of Milk
November 12, 2018	November 13, 2018	November 14, 2018	November 15, 2018	November 16, 2018
NO SCHOOL	GOLDEN GRAHAM CEREAL ^ Strawberry Pancake Square ^ Craisins Orange Juice Choice of Milk	Fresh Apple Choice of Milk COCOA PUFFS ^ Vanilla Waffle Square ^	SCRAMBLED EGGS ENGLISH MUFFIN ^ Fresh Banana Apple-Cranberry Juice Choice of Milk	MOZZARELLA CHEESE STICK Blueberry Muffin ^ Fresh Apple Choice of Milk
November 19, 2018	November 20, 2018	November 21, 2018	November 22, 2018	November 23, 2018
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 26, 2018	November 27, 2018	November 28, 2018	November 29, 2018	November 30, 2018
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square ^ Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Diced Pears Orange Juice Assorted Jelly Choice of Milk	VANILLA YOGURT Granola ^ Fresh Apple Choice of Milk	MAPLE PANCAKES ^ Fresh Banana Blended Fruit Juice Choice of Milk	CINNAMON TOAST CRUNCH ^ Strawberry Pancake Square ^ Fresh Apple Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

***** This institution is an equal opportunity provider.**





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Monday	Tuesday	Wednesday	Thursday	Friday
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
			MAC & CHEESE ^ Country Blend Vegetables Sliced Apples Choice of Milk	*NEW ITEM* ITALIAN CHICKEN PARMESAN ^ Hamburger Bun ^ Broccoli Fresh Baby Carrots Light Ranch Dressing Fresh Banana Choice of Milk
November 5, 2018	November 6, 2018	November 7, 2018	November 8, 2018	November 9, 2018
CHEESE PIZZA ^ Mixed Vegetables Grape Juice Choice of Milk	CHILI Corn Muffin ^ French Fries Diced Peaches Ketchup Choice of Milk	CHICKEN TENDERS WITH POTATO WEDGES ^ Maple Baked Beans Fresh Banana BBQ Sauce Ketchup Choice of Milk	HOMESTYLE SALISBURY STEAK WGRAVY Sliced Bread ^ Mashed Potatoes Fresh Baby Carrots Light Ranch Dressing Mixed Fruit Cup Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Romaine Lettuce Light Ranch Dressing Pickle Chips Fresh Pear Ketchup Choice of Milk
November 12, 2018	November 13, 2018	November 14, 2018	November 15, 2018	November 16, 2018
NO SCHOOL	BAGEL DOG ^ Mixed Vegetables Applesauce Cup Ketchup Mustard Choice of Milk	PIZZA DIPPERS ^ Mannara Dipping Sauce Fresh Baby Carrots Light Ranch Dressing Blended Fruit Juice Choice of Milk	HOLIDAY MEAL** TURKEY WSTUFFING GRAVY SWEET POTATOES ^ Green Beans Sliced Apples Chocolate Cookie ^ Choice of Milk	POPCORN CHICKEN ^ Romaine Lettuce Cucumbers Light Ranch Dressing Fresh Banana BBQ Sauce Choice of Milk
November 19, 2018	November 20, 2018	November 21, 2018	November 22, 2018	November 23, 2018
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 26, 2018	November 27, 2018	November 28, 2018	November 29, 2018	November 30, 2018
SPAGHETTI & MEATBALLS^ Corn Muffin ^ Green Beans Mixed Fruit Cup Choice of Milk	CHICKEN NUGGETS WITH POTATO ROUNDS ^ Mixed Vegetables Blended Fruit Juice BBQ Sauce Ketchup Choice of Milk	FRENCH BREAD CHEESE PIZZA^ Romaine Lettuce Light Ranch Dressing Diced Peas Choice of Milk	CHICKEN TACO Tortilla Chips ^ Corn Sliced Apples Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Fresh Banana Mustard Ketchup Choice of Milk

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